

aviator blaze jogo - 2024/09/08 Notícias de Inteligência ! (pdf)

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Introdução ao Blazer

A Experiência na Blazer

Como Jogar na Blazer

Benefícios do Jogo na Blazer

O Futuro da Blazer

Conclusão

Partilha de casos

My friend, the chef Kali Jago, is a full-blown tahini enthusiast. She introduced me to (life-changing) whipped tahini and made me a batch of tahini and date chews, which I am now addicted to. To honor this shared obsession, we created these slices together. The base is made with salted pretzels and brazil nuts, the center is a gooey tahini and date caramel, and it's topped with a thin layer of dark, gently salted chocolate. We hope you will be just as enamored with them as we are.

Chocolate, tahini, date and pretzel slice

You'll need a food processor and a 20cm x 20cm square tin or similar. The pretzels to use are the small snacking kind that can be bought in the supermarket (the most widely available are the Penn State brand).

Prep 5 min

Cook 25 min, plus setting time

Makes 25 squares

Ingredients

Quantities

- 360g pitted medjool dates (from 390g unstoned)
- 7 tbsp (100g) tahini
- ½ tsp ground cinnamon
- 1 tbsp coconut oil
- ¼ tsp fine sea salt

For the tahini and date mixture

- 120g pretzels
 - 50g dark chocolate
- For the base
- 100g brazil nuts
 - 6 tbsp (75g) coconut oil
 - 3 tbsp dark agave syrup
- For the chocolate topping
- 100g dark chocolate
 - Flaky sea salt

Put the dates in a heatproof bowl, cover with 100ml just-boiled water, leave to soak for five minutes, then drain well.

Line a 20cm x 20cm cake tin with baking paper. Put the pretzels, chocolate, brazil nuts, coconut oil and agave in a food processor and blitz to a sandy, tacky crumb. Scrape out, press down very well into the tin, then put in the fridge to chill for five or so minutes, which is just as long as it takes you to make the date filling).

Meanwhile, put the drained dates in the food processor with the tahini, cinnamon, coconut oil and salt, and blitz to a sticky mixture. Remove the biscuit base from the fridge and evenly slather the date mix on top and pat it down to smooth.

Melt the chocolate in a microwave in 20-second blasts, stopping while some solid pieces still remain (they'll melt in the residual heat). Pour the melted chocolate over the tahini and date mixture, spread it out evenly and sprinkle sparsely with sea salt. Refrigerate for 20 minutes, then cut neatly into five columns lengthways and again widthways to make 25 squares. To store, keep covered in the fridge.

Expanda pontos de conhecimento

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